



PRESS RELEASE

Help from Northern District Community Health Service is being provided through confidential counselling and personal support for people who are feeling the impact of the floods during January and February this year.

Northern District Community Health Service will provide this service throughout the Gannawarra Shire and across the Northern end of the Loddon Shire.

We encourage people who are having trouble or might be a little stuck dealing with the impact of these events to contact the support services.

As people recover from the floods, they may experience a range of emotions like anxiety, lowered mood and anger, and we are here to help them deal with these.

We understand that the impact of adverse events like floods affect different people in different ways and at different times. But we encourage people to seek support at a time and in a way that best suits them.

You can contact the services on: 03 – 5451 0200

Elaine Carter
Chief Executive Officer
Northern District Community Health Service